

DENTITIONAL PROBLEMS IN INFANTS: HOMEOPATHIC APPROACH

DR. RONAK SHAH'S DIVINE HOMEOPATHY

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The process of teething, or dentition, is a crucial developmental milestone in an infant's life. It typically begins around six months of age and continues until the child is about two to three years old. While exciting, this phase can also bring discomfort and distress to both the baby and the parents. Teething symptoms vary widely from one baby to another—some sail through it with little fuss, while others experience significant discomfort.

Common Dentitional Problems in Infants

- Irritability, crying, fretfulness, cranky behaviour and Restlessness
- Excessive Drooling (it may cause a mild rash around the mouth)
- Gum Pain and Swelling
- Excessive chewing of things, putting fingers in the mouth
- Ear Pulling and Cheek Rubbing, as the pain from teething can radiate to these areas.
- Sleep Disturbances
- Fever and Diarrhea

Diarrhea and Teething

It is a common misconception that teething causes diarrhea. Teething does not cause diarrhea, it is in fact caused due to an infection of the gastrointestinal tract. This is because children during teething tend to chew on different objects to ease the discomfort, and can easily catch an infection from an unclean object. Teething also occurs around the time when a child is being weaned off the mother's milk. An introduction of new food can also cause a change in the gut bacteria in the child's system and cause diarrhoea. Mild fever during teething is normal, but high fevers are not. A very high fever or diarrhea during teething are completely unrelated to the process of the child's teeth erupting. Frequent diarrhea during teething can cause dehydration, so care must be taken to ensure that the baby gets enough clear fluids and water to stay hydrated.

Homeopathic Approach to Dentitional Problems

Teething is a natural part of an infant's development, but it can bring along discomfort and distress for both the baby and the parents. Homeopathy offers a safe, gentle, and effective way to ease teething pains and associated symptoms. By addressing the baby's physical and emotional needs, homeopathic treatment provides holistic relief, ensuring that your baby navigates the teething phase with comfort and calmness. The selected remedies are highly individualized, considering the unique needs of each infant. Here's how homeopathy can help:

- Relieves Pain and Inflammation: Homeopathic remedies help reduce the inflammation of the gums, providing relief from the sharp, shooting pain that accompanies the eruption of teeth.
- Calms Irritability and Restlessness: Remedies that calm the baby's irritability and restlessness, allowing the infant to sleep peacefully at night.
- Manages Digestive Issues: Some homeopathic remedies can address secondary symptoms like diarrhoea, making it easier for parents to manage the baby's overall well-being.
- Boosts Immunity: Homeopathy aims to strengthen the baby's immune system, helping them cope better with the discomfort of teething and reducing the chances of fever or infections.
- Soothes Emotional Distress: The emotional aspect of teething—crying, clinging, and irritability—can also be alleviated through the right homeopathic remedy, ensuring that the baby feels comforted and secure.

Top Homeopathic Remedies for Teething Problems are Chamomilla, Calcarea Phos, Belladonna, Pulsatilla, Silicea, Magnesia Phos etc.

For personalized homeopathic care to guide your baby through the teething journey, reach out to Dr. Ronak Shah's Divine Homeopathy at 9825050054.